AFFIDAVIT OF NANCY CELESTE HENDERSON ON AGENT OF HARM: MODULATED RADIOFREQUENCY / MICROWAVE RADIATION: (RF/ MW RADIATION)

I, Nancy C Henderson, attest and affirm that under the pains and penalties of perjury, that the following statements are true, accurate, and within my personal knowledge:

1. I reside within San Diego County, CA, and have lived here most of my life. I am 71, and filed for SS Disability in 2010. I am on food stamps. My only source of income is SS.
I cannot work due to my disabling symptoms around Modulated Radiofrequency / Microwave (RF/ MW) Radiation. I always carry a RF/MW Radiation Meter with me, as I must detect sources of harm.

2. I did not consent, nor do I consent today to the continuous involuntary exposure to biologically active RF/MW Radiation. It is foreign to ALL living systems.

3.The fact that RF/MW radiation is a hazard is a scientifically known and established fact.

4. **I am temporarily disabled when exposed to RF/MW Radiation** from cell phones, routers, WiFi, cell towers, bluetooth, and similar microwave technology. I cannot live a normal life.

5. **My UCSD Neurologist, Dr Erik Viirre MD, PhD, has written two letters on my behalf**— in 2023 and 2026. In the first, he states: **"Nancy must be allowed to avoid all possible exposure to WiFi from cell towers, cell phones, and high magnetic fields. These can be painful and temporarily disabling for her…"** (In substantiation, see Exhibit A.)

6. Adverse effects that occur following RF/MW Radiation injury are collectively referred to as "EMR Syndrome" (Electro-Magnetic Radiation Syndrome). This term is accepted by the US Access Board uner the federal Americans with Disabilities Act. Dr Viirre's letters use an older term: "EMF Sensitive.")

7. **Dr Viirre is the head of UCSD's entire Neurology Department,** and has been following me since 2012. He says I have an "Inner ear concussion." This concussion and resulting inflammation makes me more susceptible to the effects of RF/MW Radiation— as well as electric/magnetic radiation. (See Exhibit B)

8. In 2022, I had a "Building Biologist" come to my home and remediate for the high electro-magnetic and RF/MW Radiation fields. For over 7 years previously, I had constant "rocking boat vertigo" which was so severe, **I had to crawl around on my hands and knees at night. After remediation, I reported to Dr Viirre: "BIG NEWS: Vertigo is WAY down" — and he said: "This is HUGE! "** He wrote "BPV resolved" in my chart. (BPV= Benign Positional Vertigo)

9. **My symptoms when exposed to RF/MW Radiation are:** painful **pulsing tinnitus**, hyper-acussis, mild to extreme **vertigo**, extreme **fatigue** (I cannot get out of bed sometimes for 2 days), **migraine,** muscle tightness around my occipital region, numbness and tingling at the back of the neck, **body stiffness**, **brain fog**, peripheral neuropathy, **sleep disturbance,** burning eyes, **blurred vision**, and more. Even the sound of my own voice is too much!
I live in constant pain unless I avoid RF. **The one time I held a borrowed smart phone up to my head for 10 minutes in an urgent call— I had an immediate painful migraine.**

10. **My Precursors to RF/MW Radiation Injury:**
Birth defect: Low Immune condition: (Common Variable Immune Deficiency) 18 IVIG's per yr.
High levels of **Radar exposure** for 6 years while growing up on 2 strategic Air Force Bases

Electro-Magnetic Injury from living 50 ft away from 50 ft tall high tension lines for 10 years. **Head Injury:** 3 MVA's — none of which were my fault. ("Whiplash" damaging cervical nerves) **High levels of Oxalate exposure** (lifelong) -which lay the foundation for greater RF damage. **Biological, Mold and Chemical** Exposures I did not create. (See Exhibit C)

11. **Because I am temporarily disabled by RF/MW Radiation— I must live completely "Off Grid"** in a remote rural area in a 20 ft travel trailer with ALL RV power sources disconnected. The RV battery and Solar are disconnected. There is NO shore power as I cannot tolerate any man made frequency: (electric, magnetic, or radiofrequency). The closest cell tower is 2 miles away. I need to be in a smog free, unpolluted, remote location to function. I use for power in my RV a rechargeable "Jackery Power Station" which gives me 2000-3000 watts per day to power my computer, landline phone, refrigerator, lights and a fan. **My computer is ethernet cabled in, and this is connected to a LANDLINE which is the ONLY phone I can use.** I have NO A/C nor heat— and must cook with propane OUTSIDE for ventilation— rain or shine. The interior temperature of this RV ranges from 37 degrees in winter to over 100 for 2 months in the summer. I must do everything by hand. I only can eat unprocessed, organic food I prepare. **Because of RF/MW Radiation is everywhere now**— my gym visits have dropped to 2 hrs per wk from 10, and **I had to drop the 33 years of yoga classes I enjoyed** as everyone has a live cell phone on class: "The New Normal." I only see my family 3-4 times per year.

12. **I have NEVER used ANY RF/MW Radiation device, and never used a cell phone, other than for emergencies.** I do not know how to text on my talk/text only flip phone. I must pay $81.00 per mo. for computer/landline access as I cannot tolerate a free government S-phone.

13. 4 years ago—I was able to tolerate a medical transport vehicle to get to my 30+ medical related appointments per year. **For the past 2.5 years, I have not been able to tolerate the GPS, nor electric vehicle, nor the cell phone used by the driver.** I am in bed the next day!

14. Now I must drive myself to get my IGG replacements 18 x per year— which I cannot afford, but there is no other way. **The RF/MW Radiation inside the building where I have gotten my IGG infusions for 3 years has increased markedly— and I had to buy $500.00 of RF/MW Radiation shielding fabric to cover myself (even creating a mini-tent)— OR spend 2 days in bed after. It still was not enough!** I spent 6 wks convincing my Immunologist to allow me to go to a lower quality facility **because of my RF/MW Radiation disability.** (See Exhibit D)

15. My 2022 Nissan Frontier has minimal RF/MW Radiation. It does have a magnetic field which I need to shield myself for. I can only drive out 2 x per week, as I need recovery days.

16. This gives a small glimpse into the world I live in due to the effects of an overexposure to RF/MW Radiation. UCSD requires a Smartphone to interface with for appointments, so I have asked all my MDs to allow me to do video visits. I am eligible and benefit from PT, osteopathy, acupuncture, but cannot tolerate the RF/MW Radiation involved. However, I do remain positive!

17. **I first noticed I had a reaction to RF/MW Radiation** at the San Diego Museum of Art by 2001— when the alarm system radiation had markedly increased from the 90's. Even the plants died in my art exhibit (and other artist's exhibits) for SDMA's huge floral Gala Event: "Art Alive."

18. Now— looking back, I also had a reaction to the very high level of radar at Edwards AFB during 1961- 1964. I could not think, learn, sleep— and I wet the bed at age 10. I almost flunked 4th grade. When we moved from out of the very high radar at Edwards AFB due to my father's sudden and tragic death to a "radio-ouiet" suburban community in San Diego— ALL of these symptoms stopped. I went from being a D student to a B+ one.

19. By 1971, the Military had done 2,300 studies on Radar-- showing evidence of harm. It seems reasonable to me that with my birth defect --which is a Primary Immune Deficiency -- that I could have been more susceptible to the effects of radar, and removing me from the exposure would improve my symptoms. That certainly is the case now. (See Exhibit E)

20. **Guidelines to protect public health are clearly inadequate.** We are risking the greatest resource in the US—our children— to a technology which clearly causes harm. **We need SAFE adequately TESTED technology- and REGULATION by unbiased agencies**— not the Cell Providers.

21. Russia has a limit of RF/MW Radiation 100 times LESS than the US. (See Exhibit F)

22. **Several attachments support my claims,** (see Exhibit G) **along with the following:**

Public Law 90-602 The Radiation Control for Health and Safety Act of 1968. Enacted in 1968, PL 90-602 (Radiation Control for Health and Safety Act) was intended to protect public health by controlling electronic product radiation.

○ 47 U.S. Code § 324: “In all circumstances . . . all radio stations . . . shall use the minimum amount of power necessary to carry out the communication desired.” (June 19, 1934, ch. 652, title III, § 324, 48 Stat. 1091.)

○ Universal Declaration of Human Rights, article 3: “Everyone has the right to life, liberty and the security of person.” https://www.un.org/sites/un2.un.org/files/2021/03/udhr.pdf

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