UC San Diego Health

Center for Headache and Traumatic Brain Injury
4910 Directors Place, Suite 250, #8434
San Diego, CA 92121

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UC San Diego Health

February 9, 2026

To Whom It May Concern,

I am a treating physician for Ms. Nancy Celeste Henderson.

This patient has a documented history of neurologic symptoms, including migraine and visual vertigo, which are provoked by visual motion and screen-based interactions, particularly scrolling on digital devices. Exposure to these visual stimuli reliably exacerbates symptoms and may trigger significant migraine episodes.

Due to these limitations, the patient is unable to reliably tolerate smartphone use, scrolling interfaces, or QR-code–based digital interactions without symptom exacerbation.

These limitations significantly interfere with the patient's ability to engage with digital-only platforms. Reasonable accommodations, including alternatives to smartphone-based or scrolling-dependent systems, may be necessary to allow functional participation in required activities.

This letter is provided to document the patient's reported medical limitations and functional impact.

Please feel free to contact my office if further clarification is required.

Sincerely,
Erik Scott Viirre, MD
Neurology
UC San Diego Health