Attachment List for Nancy Celeste Henderson on the Agent of Harm: RadioFrequency Microwave Radiation: (RF/MW Radiation and Modulated RF/MW Radiation):

The following documents describe my own experience with harmful effects of RF/MW Radiation:

Exhibit A: UCSD Dr's letters:

(a) Dr Erik Viirre, MD, PhD 2023 "Nancy must be allowed to avoid…"
(b) Dr Erik Viirre, MD, PhD 2026 (re: required Smartphone interface)
(c) Dr Melanie Fiorella, MD, 2026 (avoid Smartphone interface)
(d) Dr Beatrice Golomb, MD, PhD: Invitation to participate in a "EHS" study based on my RF/MW Radiation symptoms Oct 6th, 2026

(e) UCSD Health Summary on my Current Allergies: "RadioFrequency" "Henderson UCSD Radio Frequency Allergy" (MyChart Screenshot)

Exhibit B:

(a) <u>Support for ear canal inflammation due to RF/MW Radiation</u> from Radiologist Dr Rob Brown: My Infographic for Dr Viirre: "Cell Phone Radiation enters the skull into the brain through the ears"
(b) Dr Beatrice Golumb's research linking "Diplomat's Mystery Illness" to Pulsed RF / MW Radiation and noting "distinctive prominence" of auditory symptoms:
(c) Infographic I made for my neurologist who has treated me for auditory issues since 2012: "…Museum Alarm System makes my ears Scream"

<u>Ear canal inflammation leads to Vertigo— my experiences 2022-2026</u>

(d) "12-2-2022 Vertigo way down!" (after Rf/MW/ EMR remediation
(e) "12-4-2022 Vertigo History and Improvements

Exhibit C:

(a) Past Precursor List: "NH EMF History List Short"
(b) "2024 EMF Huge Disability"

Exhibit D:

(a) Infographic showing over $500.00 spent to protect myself in clinic
(b) RB Infusion Meter Readings- Ramping up to 4 microwatts per sq meter
(c) Meter Infographic: "Cornet Radiation Meter I use"
Dr's Notes to document:
(d) "Dr Viirre 7-27-26 Clinic Notes -RF"
(e) "Dr Riedl 10-7-26 #1 and #2"

Exhibit E:

"Military Radar- By 1971, there were 2400 references…"

Exhibit F:

“Russia has a RF/MW Radiation Limit 100 x less”

Exhibit G:

EHTrust Studies Summary of Studies showing harm from RadioFrequency Microwave Radiation: (RF/MW Radiation and Modulated RF/MW Radiation) by Environmental Health Trust

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Other Supporting Documents—
Infographics I made and gave to many of my MD’s at UCSD— 2022 -2026:

(These are historical documents which may not have the most up-to-date wording describing the correct title: RF/MW Radiation and Modulated RF/MW Radiation. I also use EMF/RF Sensitivity rather than the new correct term: “EMR Syndrome” In all of them I am describing the harmful effects of primarily cell phones, WiFi, and Routers I was forced to interface with during my visits to UCSD for treatment by providers. I was referring to all of RF/MW Radiation and Modulated RF/MW Radiation.

1— “RF Meter Infographic for Dr Viirre 2022”
2—“UCSD Requires Smartphone Interface”
3— “2010 Disability Summation”
While EMF is not listed as one of the 14 points on my 2010 Disability Summation, Dan Harper, MD states:
“<u>The environmental issues of the EMFs prevent her</u> from even sitting at home and monitoring a screen for security or doing home computer work…; “
While EMF Health effects were not recognized in 2010 for purposes of a Disability claim — I had a history of harm and carried a meter with me back then. I even tested my MD’s home on his request.

4—“My Flip Phone is too high” (Old graphic it is now double the reading)
5— **“**How Magnetic Fields Effect Me”
6—**“**Wifi Kills Gut Bugs”
7—“The Neurologic and Cardiometabolic effects of EMF”
8— **“**EMR forms Rouleaux”
9— Revised UCSD RF SAFE PT Interface (proposal for UCSD to Dr Viirre)
10—My recommendations for the HHS and FCC

For the sake of brevity- I have omitted several other infographics and documents related to educating my providers and asking for “Reasonable Accommodation” for my RF/MW Radiation Disability:

Successful Medi-Cal claims for more food stamps— March 2026:

1—Unable to use a free government SmartPhone) = 81. per month for telephone expenses

2—Unable to use Medical Transport)- 46? per month— Driving Expenses

I gave over a dozen fact sheets from EHTrust and infographic summaries I created from websites on harm from Modulated RF/MW Radiation sources to Dr Viirre on 7-27-26.

Also of Note:
The Financial impact of EMR on my health— just one instance:
I had to sell and inherited condo in 2010 in Encinitas 1 mile from the beach due to a bank of 6 smart meters outside the front door. This was to be my nest egg. I sold it for 300K in 2010, and 4 years later it was 800K— not sure of the value now.
I could not find a location to buy and decided to rent for a while. Then the 2014 Coco’s wildfire came along and cost me 140K in health expenses.

Nancy Henderson, MFA 10-18-26