I am submitting this attachment in response to HHS's Request for Information on Electromagnetic Fields (EMFs), Radiofrequency (RF) Radiation, and Wireless Radiation Exposure.

I am responding from the perspective of a business owner and grandmother who has been and continues to be personally affected by EMR/RF. My awareness of being affected began when my husband and I operated a monthly newspaper, *The Idaho Observer*, from 1998 to April 2010. I had been editing for publication in our newspaper all the articles written by Amy Worthington – microwave, vaccines and other topics affecting the health of American in the 1990s. Soon I bought a couple radiation detection meters. Her website is now https://wi-cancer.info I also began noticing how various plants on our 5-acre lot where our house was located reacted to radiation after my husband, Don Harkins was murdered (September 18, 2009) by a radiation beam directed at a chip that was shot into his upper back while chopping wood in the spring of 2004. While many people knew what had happened in Spring 2004 when a Don and Carol Croft visited our home. Carol, a known psychic, took one look at Don and told him you have been chipped and located the area in his back. This lead him to recall the incident when he was chipped from a distance (brushing it off at the time that it was a wasp sting in spite of there being no wasps active in the early spring.) We lived out in the woods so it is easy to hide behind a tree. So, 5 ½ yrs later, Don Harkins is now clearly a target.

https://vaclib.org/news/donsmemorial.htm I was around him the entire time he was being targeted with a radiation beam of 400-600 rentgens. He was 46 y.o. at the time and had barely survived the targeted killing of him at the hospital. He was quite weak but recovering and was in a peaceful place, frequently talking to God after his near death experience in the hospital. As a former CNA, I had a lot of experience with hospice and had been present when the elderly are close to dying. Never had I seen someone go from weak and recovering to dead in such a short amount of time.

I had highlighted sections of the Biointiative Report https://bioinitiative.org/ when it first came out in 2012 and became a founding member of a local group (EHSidaho that is now WireIdaho). Soon I was organizing to change our electric coop's bylaws so we could lawfully and legally avoid a trespassing utility meter from being placed near or on our homes. We ended up failing on this front but thanks to the work of Mary Maio, they put in an opt-out program that cost those affected $25 in additional fees monthly. For those who couldn't afford that, we had to tough it out.

Mary was an art instructor for a Los Angeles area high school when she became disabled and didn't know what had happened. After doing a lot of research, she discovered that the wireless router for the entire high school was 3 feet from her head where she was standing in front of the class. Her sensitivity is so extreme that she can detect a celltower and its type, such as a repeater, a mile away… She is finally in a more safe home in Sagle, Idaho after being forced to move from a rental in Cocolalla, Idaho after they installed a smart meter on their home without their consent.
I have had so many personal experiences it is difficult to know where to start. I am also quite aware of "The Microwave Syndrome" as compiled by European scientists Dr Claude Monet and Dr Pierre la Ruz – a detailed reference list of the 13 main categories of diseases, conditions and impairments. (Continues with attachments with The Microwave Syndrome included.)

I moved to Hayden, Idaho in mid-March 2020, just prior to the historical Covid lock-down. I realized the place I could afford wasn't the best protection for me when I could see my neighbor's wireless router from the living room window. Soon after I moved, I felt multiple pings on my head when surrounded by smart cars at a red light. Then I knew I had to start taking detox baths since microwave radiation is bioaccumulative.

My health really started deteriorating after a new neighbor moved in and I finally asked them where they installed their wireless router. Sure enough, it was installed right at the wall facing my my dining room/bathroom area. I live in a manufactured home retirement park so each of our homes are separated by about 17-20 feet. A couple helped me install thick aluminum inside covering the west and east walls along the length of my home. It was a partial fix. I finally got a canopy for my bed so I was able to get deep sleep.

I had misplaced my hat and light silver embedded muslim shawl this past May/June 2026 that I used in the warmer months so stopped using it in the summer when I needed to do ‘something’. I stayed the night on the couch of my webmaster’s home (an annual event so I can take her 50 y.o. daughter to Timber Days in Priest River, Idaho, an annual festival.) She forgot to turn off her wireless router and I didn’t want to wake her up to find it to unplug it. I was wiped out the next day and went home sooner than I was planning to do. Later that week I went to Ponderay, Idaho, an hour away on the highway – again, unshielded. I was heavily exposed for 5 hrs in a home very close to antennas and a large celltower you can see out the west windows. The next day, I suffered a stroke (August 1, 2026). Needless to say, I took more clay baths and didn’t turn on the cellphone for 30 days.

My business partner had the same wireless induced stroke in August 2025. He was living in an RV park with a motel on the same property. They had just moved the wireless for the entire park and motel very close to his RV. He was growing ingredients for our product on an organic farm close by but was out in the field less than previous years due to fatigue and his age. Needless to say, he didn’t go back there this summer and his health continues to deteriorate from wireless exposures in spite of doing detox baths frequently. When I showed him the meter at his place, he was shocked since it wasn’t as bad the previous year. We have to conclude that they have been ramping the intensities up with the addition of 5G and now 6G. Heck this is now 45X the intensities of microwave in Russia, Bulgaria, Poland and Italy. https://mdsafetech.org/conversion-and-exposure-limits-emr-emf/ And, frankly, we don’t have anyway of knowing if they are sticking to the caps from the FCC Telecommunications Act of 1996.

I work with many people who have been diagnosed with a serious ailment, primarily cancer. In every order I share with my customers the wireless connection and The Microwave Syndrome list. (attached)

I have so much more I can share since I am also a T.I. but it starts to get a bit SciFi. If you need more information, you have my contact information – vaclib@pm.me or 208-719-0407 landline

Yours in the Spirit of Justice and the Resurrection of our Republic,

~Ingri Cassel