Kathleen Roberts

2. Individual Consumer

3. I have known, for several years, that I had become electromagnetically hypersensitive, but it's only in the last four months that it got to the point where to became obvious that it is the main cause of sever side effects that have made my life hell. It's gotten to the point, very often, of suicidal ideation. It was the virtual removal of my laptop computer and cell phone that banished the side effects and the reintroduction of those devices that brought them all back.

I believe one of my most severe symptoms, diagnosed in 2012 as adynamic ileus became at least the year previous. I once possessed an email archive dating back to 2009 and I think that's when I began being chronically online on my desktop computer. Adynamic ileus, or simply ileus, is a fancy term for the inability to have a bowel movement. My bowel movements became less frequent until they stopped altogether. No dietary change or thousands of dollars in probiotics made any difference. The functional medicine physician who diagnosed me thought my idynamic ileus was caused by a toxin paralyzing my colon. Many years later that toxin revealed itself as electromagnet radiation.

I managed poorly with frequent enemas, until even they did not work. Powerful herbal laxatives helped for about a year til they, too, comma failed, and I was forced to pay for thousands of dollars of professional colonics. I could not afford to keep doing this. Finally, a clever friend devised a home colonic system I still use twice a week to clear my colon after days of cramping.

I also developed symptoms I eventually realized were related, those being gastroparesis, or slow stomach emptying, and dysphagia, or inability to swallow. Dysphagia is one of the most frightening symptoms as you struggle to swallow even your own spit. And the gastroparesis eventually caused severe hypoglycemia. The combination of the three conditions in the last few months, July to October 2026, led to a diet of nothing but organic wheat crackers. This was in order to give my stomach food it could still digest in a form that could regulate my blood sugar. I am only now beginning to cautiously introduce another food to increase protein intake. I'm also space my meals more than to hours apart without experiencing vertigo, light-headedness.

My suicidal ideation took hold when my home colonics became so lengthy and unproductive because of severe electromagnetic radiation exposure that I understood I would be forced to accept a colostomy bag. Yet, my digestive system was also accepting almost no food, so I would have to be on intravenous feeding as well. All this in a hospital environment rich with electromagnet radiation. I saw no way out, and each time just managed to function enough to avoid this outcome, but was left exhausted weak as a kitten and unsure I have the strength for the next colonic. I am elderly and live alone and life with this condition has been terrifying.

Other symptoms that appear when I am exposed to EMR from cell phones, computers, and appliances are; severe joint paint, alopecia, tinnitus, insomnia, acne, fatigue and weakness, poor balance, anxiety, and depression.

I had two E.R. visits in 2025 and 2026 because of extreme light-headedness and also a concern that I might have diverticulosis. I was X-rayed and given an ultrasound and lab tests and reassured that I was fine. My physician had done a digital rectal examine and found my stool soft, indicating that this was, indeed, not constipation but lack of peristalsis.

I also saw two doctors for hip pain so severe I could barely walk even with a cane. This was accompanied by leg weakness, and again no cause was found. When I began to avoid EMR the hip pain magically disappeared and reappeared when I got near it again. In all cases where I measured EMR, I used a Tri-Field meter.

All my symptoms suddenly began to subside in mid August of 2025 and lasted five months, after I moved into a trailer because of home repair. When I moved I was now without WiFi and I rarely called on my cell phone. Thus it became

obvious that EMR was the unidentified toxin referred to by my doctor 15 years previous. With that evidence, I decided to improve upon the EMR cleanup by investing large amounts of money on high tech devices. Ironically, these only made my EMR sensitivities critically worse.

After five months of substantial relief, including normal healthy daily bowel movements, pain free walking, no hair loss, and normal digestion, the installation of these devices reversed all I had regained. At the same time, my cat's health deteriorated.

Avoidance is the poor person's medicine and the best treatment available I have found. In December of 2025, I had a remote cutoff system installed, as well as a cell phone signal booster for the occasions I had to use my cell phone. The booster consisted of a roof antennae and in house relay this was designed to boost the signal for my cellphone. My cell phone in struggling for signal within the metal walls of my trailer, had been putting out more EMR. The remote cutoff was to allow me to have as little current running as possible by turning off all appliances except for those that are essential at any one time thus lowering my EMR exposure.

The next month, January 2026 my five months of daily bowel movements slowed to weak to none at all. The cell signal booster worked very well and my cell phone put out less EMR; however, the in house signal relay was pumping out high EMR (RF). I unplugged the relay and the extra EMR (RF) disappeared, however it was pointed out to me that the remote cutoff system had to be constantly on and an old fashioned manual shutoff would put out less EMR. I was very seriously enfeebled and toxic and my cat began to fall seriously ill in January, having to be euthenized in February.

Not having learned my lesson about expensive high tech solutions I then installed a harmonizer, meant to neutralize the toxic EMR by adding EMR that mimics natural fields like that of the Earth, to create a more natural, healthy EMR field. At first I had the device far from my frequented living area, as instructed, and extended that to two weeks, finally, I moved it closer and this when my and my cat's health crashed utterly. Not only was I without bowel movements I was losing hair at an alarming rate, as was so weak I spent most of the time in bed. I also just felt poisoned. The harmonizer manufacturer's pamphlet said that those that had become neuro-adapted to toxic EMR might feel sick at first, but this never resolved for me. And after three weeks I unplugged it.

In trying to avoid using my cell phone, I installed a speaker phone on a VoIP line, because traditional copper wire landlines had been virtually discontinued. This required me to have a router (non-wireless) and ATA installed in the trailer. I ran the router from a long ethernet cord to a modem in the main house. I keep the speakerphone wrapped blocsilver cloth meant to block EMR. I stay as far from the phone as possible with the help of the speaker feature, but am still affected by the electro and magnetic radiation coming from the phone. So I have to limit my contact with the outside world and thus my personal relationships. I am about to have my circuit breaker moved outside and a manual shutoff switch installed.

I have substituted my landline number for my cell phone number with all my personal contacts and as many institutions as possible. However, many institutions insist on using text message for authentications and much business can only be conducted online. I do as much as I can via landline, but I am forced to have friends or pay a trusted person to handle my online business while I stand at a distance giving instructions. For example, this response was hand written by me and now being relayed over my landline wrapped in it's cloth, while I sit 5 feet away dictating it to a friend who is typing it out and will submit it for me.

In the end, all these expensive contraptions only served me to more EMR hypersensitive and now I am extremely reactive to the circuit breaker several feet from my bed, especially when high current appliances are operating.

With this cobbled together life of mine I have found, in the last month, that by avoiding my VoIP phone and high current appliances as much as possible that joint pain, hair loss, acne and tinnitus are kept to a minimum. I am beginning to be able to introduce well cooked meat for protein and my swallowing is now normal. My bowel

movements have still not returned.

I hope and pray that my modifications will bring my digestive system back online. I am spiritually, emotionally and physically depleted from this effort to survive.

A functional medicine veterinarian friend who fought hard to get the word out about the hazards of EMR, calling "the mother of all toxins" in a webinar killed herself last year. She could no longer find safe housing. She was a courageous and determined fighter, but was defeated by society's mad infatuation with this convenient killer. 40% of the American public is chronically ill and my neighbors are succumbing to early Alzheimer's and fibromyalgia among other diseases, while the birds and bees are disappearing. How much is EMR responsible? More masts and towers are being put up every day, and more wireless satellites are being launched every month and are now orbiting at a much lower altitude than before.

I came across many studies documenting the evidence of environmental damage, beginning from the early installation of cell towers. I found that the VGCC exists in all life forms. I cannot do the research on whether this is also true for voltage-dependent anion channels. Viruses hijack our VGCCs and physician Dietrich Klinghardt has stated that WiFi stimulates endogenous retroviruses. Many years ago I found that WiFi seems to stimulate other pathogens. In researching the stimulation of the EMR effect on VGCCs I read that the motility of white blood cells is impaired and that they are prone to degranulation. This affects their performance to fight infections. Everyone has noticed the various colds, flus and stomach flus that they are coming down with seem to last weeks if not months unlike the brief and transient illnesses we recall from the pre-WiFi era.

Thank goodness that president Trump saw to it that the push for replacing ICE vehicles with EVs has been stopped.

EVs are, in effect, reverse Farady cages, exposing occupants to E-poisons, which is ironically, proving far more toxic than the petroleum it's meant to replace. We are playing hide the penny with what my late friend who lost her fight with EMR poisoning called "the mother of all toxins". We did this with tobacco when we identified nicotine as the culprit when it was actually pyruvate. We did it again with replacing toxic mercury with aluminum in vaccines. And now we are identifying petroleum as the villain, when EMR is by far the most planet-covering toxin of all.

4. N/A

5. The FCC standards and guidelines for the safe levels of EMR are clearly inadequate as more and more cases of EMR illness develop. Scientists are discovering more evidence for the toxicity of EMR and more publications are appearing every day, such as websites like EMRSyndrome.org . The inadequacy of the FCC standards are explicitly evident by the fact that many European countries consider US standards unsafe and have set a much stricter limit. For example the US has no federal limit on ELF exposure, whereas countries like Switzerland and the Netherlands have limits like 1 μT and 0.4μT . Even more important than understanding the inadequacy of American standards as compared to that of other countries, it is imperative ton point out that the FCC standards are based on the thermal effects of EMR and Dr. Pall and scientists since then have proven that there are non-thermal effects that are having devastating consequences to human health and likely the health of all life forms on the planet.

As chronicled in the memoir <u>All EMF*d UP: My Journey Through Wireless Radiation Poisoning</u>, the author, Anne Mills, who lived in Germany and traveled in Europe attested to a lot more understanding of EMR illness that was shockingly contrasted to American ignorance when she later moved to California.

I believe if individuals would take at least one weekend, preferably a week, away from EMR sources they would find their symptoms alleviated, and that would be all the proof needed for common sense people that their health is being profoundly affected by these bad vibes.

6. Before I had to go offline and give up research, I discovered Dr. Martin Pall's seminal work on the effects of EMR on the human body, with implications for all life forms. Extrapolating from his research I came upon a possible explanation for my gastrointestinal shut down based on his findings that EMR activates the voltage-gated calcium channel (VGCC), causing intracellular hypercalcemia. Intracellular tests are not normally available to the public, so little research can be found on that, however, I found serum hypercalcemia has caused Ileus through the excess calcium, relaxing the colonic smooth muscle to the point that peristalsis is paralyzed. I think it's safe to assume this could extend upward to the paralysis of the stomach muscle and esophageal muscle, causing gastroparesis and dysphagia.

The literature says that hypercalcemia causes hair loss. I did not get an opportunity to investigate EMR and joint pain, but Rob Brown, MD, in his just published book, Unplug: A Radiologist Explores the Damage Caused by Electropollution and How You Can Prevent It, noted that advising some people with hip pain to remove their cell phones from their pockets resolved the pain. Brown also notes that since Dr. Pall's discovery about the VGCCs being affected by EMR, it has been determined that the voltage dependent anion channels are also stimulated by EMR. Brown believes this may explain red blood cells' tendency toward rouleaux formation, or blood clotting.

Dr. Pall said that the evidence of EMR toxicity is in plain sight, but the specialization of most scientists leaves them blind to the evidence. Pall stated to government officials, in 2017, that the implementation of 5G would greatly intensify the effects of EMR and called it's imminent deployment "absolutely insane".

7. I have no technical expertise to identify those affected by EMR, but I do emphasize that the common, scientifically unsophisticated person can demonstrate to him or herself the truth of EMR poisoning by taking at least a weekend EMR vacation and seeing how it feels. Toward that end, I think government outreach to educate the public should be a priority.

8. Again, I lack technical expertise, but I believe that public outreach on the possible health conditions caused by EMR is urgent and essential and should be widely disseminated along with suggestions on how to effectively implement EMR vacations. I think popularizing the idea of such low EMR retro activities and pursuits would resonate with the public in much the same way victory gardens in WWII. Recall the positive public response to the anti-litter and anti-smoking campaigns that began in the 1970s. You see a lot less of both of them now. An anti-EMR campaign would also encourage people to spend more face time together, creating a front-porch general store effect, which would do much to mitigate the depression and loneliness which has been documented in so many studies. A neurosurgeon, Jack Kruse, believes that the blue light from phones and computer screens is responsible for our obesity epidemic and has little or nothing to do with dietary considerations. That is undeniably a popular public concern. And, if that is factorially proven it would be a powerful aspect of the campaign.

10. N/A

11. I think that electro-sensitive people should be protected by risk evaluation in the same way that other disabilities are thus accommodated. Hopefully, such evaluation would be broadened to include everyone. There are also conditions that Dr. Pall mentioned that may predispose people to hypersensitivity, such as low magnesium status. I think other environmental exposure, such as mercury and mold toxicity and chemical sensitivity, increases the likelihood of developing hyper electro-sensitivity.

EMR likely makes these illnesses worse since, as Dr. Pall indicates, EMR opens up the blood brain barrier (BBB), tghis would hypothetically allow the toxins to enter the brain tissue.

12. I wish I knew the answer to this question, I hope someone will develop a way to technically evaluate this. Aside from the BBB vulnerability just mentioned, there may be genetic vulnerabilities such as has posited for the mold sensitivty illness known as CIRS and Steve Folks, a mercury toxicity researcher, has suggested a genetic inability to sequester mercury in many mercury toxic individuals. It has been found that many toxins work synergistically to create their pathological effects, such as mercury and aluminum. A toxic body burdened with one substance might

predispose the person to develop a sensitivity to EMR levels well below government limits.

13. N/A

I want to extend my deep thanks to Secretary Kennedy and president Trump for this opportunity to gather a vox populi that can disassemble the terrible Frankenstein that we have created with this life destroying array of towers, masts, and satellites. I envision an optimistic and proactive government and grass roots effort that dispenses with the usual outrage and spirit of retribution in favor of of joining together in technical and public relations solutions to this very critical issue. I would like to see a government effort along the lines of South Africa's Truth and Reconciliation Commission, in which industries that have implemented these toxic technologies are not penalized, but rewarded for, including in public perception, working toward the amelioration of the toxicity and spread of EMR. Dr. Pall predicted that the incidents of cognitive disintegration would accelerate because of EMR so lets get this done before we're too addlepated to address it. Thinking outside the box of our collective coffin is our only hope.