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My name is Julie Bvocik. I am 62 years old, a mother of two adult sons and I reside in Green Lake, Wisconsin. I worked for twenty years in the printing industry and put my boys through college. I suffer from Electro sensitivity as does one of my sons who resides in San Francisco.

I began to notice negative changes to my health after a smart meter was installed on my home outside my bedroom two years ago. It began with mild headaches, difficulty concentrating, memory loss, brain fog and difficulty thinking clearly. I also experienced an increase in blood pressure and had trouble sleeping. Over the past few years my health problems have increased. I have anxiety, increased insomnia, fatigue, muscle weakness, muscle spasms, muscle and joint pain, leg and foot pain, numbness and tingling of my legs and feet, ringing in my ears along with sensitivity to sounds and light. I have red blotchy rashes, itching and facial flushing of my skin. My vision is deteriorating with cataracts and floaters in my eyes. In addition I have digestive problems, dryness of lips, tongue, mouth and eyes along with pain in my teeth and shortness of breath.

This wireless technology in the form of a Smart Meter that was put on my home without permission has made my life incredibly difficult. It has caused me to have extreme anxiety in public places. I can no longer go into any public place (restaurant, Doctor's office, Post office, stores and Government Building) that has Wi-Fi without feeling immediately nauseous. As soon as I leave the location my nausea disappears. The lack of sleep that results from constant 24/7 pulsed radiation exposure is particularly horrible because it has worn down my resistance and causes each day to be more difficult to manage. Wireless radiation has caused me to be homebound because I do not have the energy to go out and when I do I am further exposed to electromagnetic frequencies from wireless radiation. I am worried since I can no longer work that I will not be able to keep my home and then what will I do?

Currently I live in the country where my exposure to wireless radiation is much less than in urban areas. However, the introduction of recent bills in Congress that push expansion of 5G small cell transmitters to rural areas would mean much greater exposure to wireless radiation at much higher frequencies than we have now - starting at 24 GHz. It would be a poisonous toxin pushed on me without recourse that would cause my health to deteriorate even further, to the point where I would no longer be able to maintain myself and my home. I am barely hanging on with the Smart Meter, additional radiation exposure would surely do me in.

I have grave concerns for all other life forms as well – plants, animals and the bees, who can't find their hives after exposure to wireless radiation. Congress must act to protect the basic rights of citizens. It is their DUTY as public officials to protect, not harm the people who have entrusted to them this important responsibility.

Name Julie A Bvocik
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