Dear Congressmembers:

I am now a former resident of Maryland, born in Maryland and residing continuously in Silver Spring since 1989. I am one of the residents of Montgomery County, Maryland who has suffered personal harm and injury from exposure to microwave spectrum frequencies from wireless devices and networks.

Until late 2017 I had a productive career there as a teacher and social worker. After enduring and adapting through the installation of smart meters and the subsequent opt-out ordeal, and through the proliferation of the previous generations of cell towers and antennae and their impact on the health and functioning of my entire family, I reluctantly took an early retirement in late 2017 entailing considerable financial hardship, and as of January 21, officially moved out of Maryland.

I have voiced my concerns to my political representatives at the local, state and federal level in letters and in some cases in person, advocating for the right of residents and localities to keep the wired services we are paying for in our jurisdictions, and citing examples of research from independent scientists showing DNA damage and increased incidence of cancers to people and animals exposed to radiation from wireless devices and cell towers.

Since the pilot activation of 5G in the Washington, DC metro area, life in the locality where I lived has become nearly unlivable for some of us. For people who experience immediate effects from exposure to microwave frequencies, unrelenting pain, insomnia, loss of functioning and an accelerating decline in many parameters of general health including immune function and neurological decline are a new reality that we are being told to accept in exchange for the promoted benefits of the 5G small cells to the business community and to video gamers. Until I moved, I was no longer able to mow my yard or walk to a neighbor's home without experiencing days of disorienting headaches and bone pain.

At this point, I and some others in my situation are now voting with our feet. I simply will not accept this assault to life and health without a fight. I will seek whatever respite I can find in another locality in the U.S. and will move again and move out of the country if necessary.

I urge you, the members of congress to answer to your constituents. I am unable to visit in person. I am temporarily outside the country recovering from health setbacks.

Thank you for your time and attention,
Elizabeth Doonan

44 Elmwood Ave.
Geneva, NY
14456