10/19/2026
U.S. Department of Health and Human Services
Request for Information on Electromagnetic Fields (EMFs), Radiofrequency (RF) Radiation, and Wireless Radiation Exposure
Docket: HHS-OASH-2026-0397

Comment:
I am responding to questions 2, 3, 5, and 18 within this comment. I am a private citizen of the United States, female, age 70-yrs. I am responding as an individual. My comment represents my personal perspective and experiences with wireless EMFs. I am also a patient as I have been fortunate to work with an orthomolecular and environmental medicine practitioner for the past 16 years.

My family and I are sensitive to EMFs, RF radiation, and wireless radiation (as I believe are all living things, plants and animals). Humans are electrical beings designed to function healthily within the God-created electromagnetic frequencies naturally existing within our earth and atmosphere. The man-created EMFs emitted with different shapes, pulsations, and polarities from those existing in nature disrupt and interfere with life.

Because my family members and I manage chronic neurologic Lyme disease and tick-borne coinfections along with related autoimmune complications, we have developed into Highly Sensitive Persons (HSPs): we have acute sensitivities to chemical and essential oil fragrances, GMOs, LED and fluorescent lighting, EMFs, and wireless radiation exposure. When exposed to these environmental toxins, my neurologic symptoms are triggered and these symptoms can last from hours to days. My symptoms include: severe debilitating head pain, sound sensitivity, light sensitivity, vision difficulties, cognitive impairment (unable to think, process information, or retrieve words; general brain-fog), difficulty with both fine- and gross-motor coordination, vertigo, nausea, and a worsening of tinnitus.

As I have been treating and healing from life-threatening acute and chronic neurologic disease over the past 27 years, I used to view this environmental sensitivity as a curse. However, over the years, as the environment has become more and more toxic, I have come to see this sensitivity as a blessing. My immediate acute response to environmental toxins when out in the world is an internal warning system (sans app) telling me to *get away from these toxins!* I am one of the *canaries in the coal mine*, warning of the danger in the environment. In response to our environmental illness, my family has created a ***clean*** home environment where we all can recover from toxic exposures and where I continue to improve in health using *do no harm* orthomolecular medicine. We use only wired communication technologies. I do not own or use a mobile phone or a smart phone. We are fortunate to have this home sanctuary.

The Problem: ***I believe that I should have the right to choose life; to choose health***.
The man-created toxins, including chemical fragrances, LED lighting, EMFs, RF radiation, and wireless radiation exposures, that we as a society have decided are necessary for progress are

incorporated into all aspects of life and are mandated to engage in many aspects of society: wireless and smart technology (GPS, sensors, etc.) in our private cars, and all forms of public transportation; wireless smart meters on our homes; wireless and screen technology throughout all businesses and hospitals; WiFi in all of our schools and universities emitting EMFs and wireless radiation 24/7 in order to enable the *brave new world of* Ed-Tech dependency and enslavement; and the ubiquitous smart-phone required to engage in all aspects of society. It seems to be the goal that there will soon be no place left to escape from these exposures, and we will all be left to drown in this vat of toxic poison created through greed and hubris.

Is it *progress* when over 50% of the population is dealing with chronic illness? Is it *progress* when we are the sickest nation among developed countries? Is it *progress* when a population is addicted to their wireless communication devices which not only co-opt thought, but also cause physical disease? Is it legal or ethical for Government or Industry to force these harmful addictive devices onto citizens through policies that require their use?

There is already more than enough scientific research documenting the harms to human health from exposure to man-created EMFs, RFs, and wireless radiation. I'm sure your agency has access to it all. We do not need more studies. We need to start living in truth, and stop ignoring the available research simply because it does not say what captured agencies and industry want to hear. A significant problem with doing *new* science is that we have proudly and irresponsibly blanketed the entire planet so comprehensively with EMF radiating cell towers and satellites, that there is no longer a place on earth left to serve as the *control*.

I urge Secretary Kennedy and the folks at HHS to stop worshiping Science blindly as the answer to all things. Science can always be corrupted. My dad, an MIT educated business owner, used to share this bit of Yankee wisdom: "*Figures don't lie, but liars can figure*." Sadly, it is mostly liars controlling the science narrative these days, ruthlessly shutting down all voices of dissent. Beyond trusting Science, I believe that HHS should apply generous portions of ***common sense, humanity, and Jesus Christ*** to their decision-making process. (It wouldn't even hurt to throw in a little of the Winnie-the-Pooh ***Say What You See*** game.)

As I move forward in my own health, by still having the freedom to make healthy choices outside of the so-called *Scientific* Industrial Medical Complex, I keep in mind the following quote:
"It is no measure of health to be well-adjusted to a profoundly sick society". –attr. Jiddu Krishnamurti (1895-1986).

God bless you all, and thank you for offering this opportunity for public comment on this issue of the human health harms caused by exposures to man-created EMFs, RF, and wireless radiation.