Anderson Chiropractic
4320 7th St Terre Haute, INDIANA
812-299-7000 fax: 812 299-7001
Dr.KristenDC@gmail.com

July 14, 2017 To Whom It May Concern,

My name is Dr. Kristen Walton. I am a Doctor of Chiropractic and Professional Acupuncturist. I am 35 years old; I do not take any prescription pharmaceuticals.

For many years I have been described as the "canary (in the coal mine)" as I am more aware of/more affected by things in my environment than most other people. I had never noticed a direct issue with technology until November of 2015 as I began to work in a new clinic. As a functional healthcare provider, I am very familiar with causes of chronic sickness like stress, nutritional deficiencies and some environmental factors; however, I was totally unprepared for how significantly I was affected by the electromagnetic environment at this clinic. The more time I spent there, the more fatigued and unproductive I became. I began having dry mouth, facial tics, extreme brain fog/concentration problems and issues with both visual acuity and keeping visual focus. My short-term memory was also extremely impaired compared to my normal. Two months after I began working there, I was admitted to the hospital with heart palpitations, dehydration (even though I drank a healthful amount of spring water daily) with electrolyte imbalances. It was terrifying being told my ECG was abnormal and 'without explanation.'

As a practitioner, I look for the underlying cause of dis-ease; so WHY was I sick? What had changed recently? My surroundings. One obvious issue was that there were 16 full-signal WIFI networks transmitting. That prompted me to borrow a few EMF meters. The meters read extremely high (by Swedish proposed health standards) in all areas of the clinic for all frequencies tested. The building was an EMF nightmare. There were 8 digital electric meters (known to produce relatively excessive amounts of dirty electricity that travels along the building's wiring). There was a transformer hub ~30 feet from the building with lines running both lengths of the clinic that supplied the entire hospital. The clinic was located less than a mile from a TV transmitter, 5 blocks from 3 cell towers, etc.- within 4 miles there were 350 antennas! It was my dream to practice at an integrative clinic, but obviously I couldn't stay there. Within the year I had to start my own practice at new location across town. Even though that was/still is a huge stress to have left my colleagues, I am so grateful that I knew enough to be able to figure out the cause of my health problems and had the resources to leave.

My heart aches for those afflicted by EMF who have not connected the dots or who might not have the ability to change their environment. I see these people in practice every day- chronically sick with "unexplained" electrolyte imbalances, "unexplained" abnormal ECG results, "inexplicable" sugar control problems, "uncontrollable" insomnia, 'intractable' migraines and the lists go on… EMFs may not be the sole cause of all these issues- but EMFs are A cause of some and a contributing or complicating factor for others. These issues are only going to skyrocket as more towers and technology like 5G pop up in people's yards without so much as informed consent. For those of us who know that we are affected by EMFs, to have meters and towers literally placed on our property without consent is egregious and deplorable!

Research into our CACNA1C genes that code for voltage gated calcium ion channels points out a subset of people that are more susceptible to health issues caused by electromagnetic frequencies due to their genetics. I personally have homozygous mutations in both my CACNA1C rs2159100 and rs1006737. These genetic variants make me more susceptible to harm from EMFs. Functional MRIs also can show EMF sensitivity abnormalities. The information in white papers spelling out these dangers is out there; it baffles me as to how our governing bodies are looking the other way. I pray every day that our country rises to the level of EMF hypersensitivity awareness that is enjoyed in Sweden and Austria so that I, and other citizens suffering from EMF associated symptoms can find the help and protection we deserve.

Yours in health, Dr. Kristen Walton DC