From the Office of:

Sylvia Skefich, D.C.

Sylvia Skefich, Doctor of Chiropractic
A Professional Corporation

920 41st Avenue, Suite G
Santa Cruz, CA 95062
(831) 475-1995
Fax: (831) 47

To Whom it May Concern,

I am reporting that I am electromagnetically sensitive and it is now a huge problem in my life. I am a full-time Doctor of Chiropractic, and have been for the last twenty years. I am 53 years old. I have been an athletic person, socially active, and a hard worker.

I first became aware that I was electromagnetically sensitive about 17 or 18 years ago when cell phones first started becoming widespread. I worked in downtown San Francisco at the time. At that time (and for many years thereafter), I would be able to perceive the sensation of being around cell towers and phones, but I did not experience it to be a problem until later. For example, if I went for a walk, and if I perceived the emissions from a tower, I would just change direction to skirt the sensations and stay away from the zone of the emissions.

Looking back at it, I can easily observe that this time in my life was temporally associated with when I came down with an active case of Epstein Barr condition. I could still work, but it was as though I was dragging myself around by the bags under my eyes for many years. I then came down with gluten autoimmune condition, and this nearly "took me down" physically until that autoimmune problem was identified. I have also been diagnosed with Hashimoto's autoimmune thyroiditis (now in remission as is the Epstein Barr, mostly), and I have had masses identified in my pancreas recently.

Now, not only are the sensations (in my head, and in my heart particularly) an inconvenience, it is a discomfort, and a hardship to endure the implications of it. At my office, I must have it be a "cell phone free zone." As a worker who continually deals with new people, I am continuously "calling people out" on having their phones on. (I know because I can feel it, and it distracts me.) The sensations that I get range from mild ones such as a rising sense of anxiety, to pressure in my head that can be so strong as to make little cracking noises as my plates move, to my heart skipping beats, or my heart flip-flopping, to bursts of sharp pain in my head, and more.

Now at my house, the PG&E wires have mysteriously doubled in their intensity. I know PG&E is making changes to their poles to accommodate to the new specifications needed for Verizon DAS antennae and such, but I only learned that later.

I could tell immediately that something new was hugely more intense in so far as electromagnetic radiation was concerned, and so I had someone come out to measure everything, comparing it to my "before" EMF measurements. It turned out to be the PG&E wires doubling their intensity. My head now "roars" with the "sound" of EMF's, and my hands and muscles will cramp when I am in high fields.

After a number of months at the high intensity (which has since been lowered perhaps due to my landlord's official complaint), I have been even more sensitized to EMF's.

I cannot live near smart meters, and in 2015, I sold my townhouse to get away from the concentration of smart meters installed near my unit. I had specifically bought a place that was low in EMF's. I couldn't sleep there once the meters were installed, and my vision would shudder, and I could "hear" a crescendo of ticking sounds in my head as soon as the meters were installed, (and I did not even know cognitively that they were installed).

No longer do I know if I can buy a home--because EMF emitting technology may advance on my personal space yet again. I will have to flee if something like 5G shows up outside my home.

I am actually taking a road trip with friends to check out a remote area where we potentially may buy a place. As electromagnetically sensitive, I am worried and I am scouting to secure a getaway in order to escape the assault on my physical being. It is so entirely inconvenient, and it threatens my ability to make a living, to feel like a refugee within my own country.

Please do what you can to perform due diligence in testing out 5G technology before using us as Guinea pigs, and before harming electromagnetically sensitive people and possibly others too.

Sincerely,

Sylvia Skefich, D.C.