May 31, 2018

To: Whom it may concern
From: Teresa Sanders
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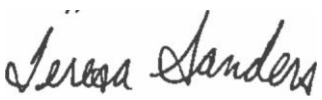
Re: Health effects of Smart Meters

In June of 2017, a total of seven radiation-emitting Smart Meters were installed on my apartment building and on adjacent properties by Long Beach Gas Company. The first thing I noticed was ringing in my ears and trouble sleeping. Then I noticed visual disturbance and frequent headaches when I was at home near the meters. When I left home, I immediately felt better and had no symptoms. Since that time, I have noticed numerous physical symptoms and have experienced serious immune dysfunction. This has led, of course, to numerous infections and severe and chronic lung congestion lasting several months which has caused me to have a chronic cough. I have noticed increased kidney function and vaginal bleeding. I have been medically assessed and diagnosed with EHS (electromagnetic hypersensitivity) which has made me sensitive to areas of high concentration of EMFs (electromagnetic fields) that exist in areas where there are numerous wi-fi, computers, and Smart meters. I know that the Smart Meters have increased this radiation in the environment exponentially.

As a public health nurse, I have studied the facts about non-ionizing radiation and know that it can cause oxidative stress at a deep cellular level. Such stress on living cells can lead to the development of cancers and multiple other body system failures. I can personally feel the damaging effect on my body and instinctively it feels toxic and fatal. The stress is made worse by the need to defend against the radiation by staying away from home as much as possible, by sleeping in areas of the house that have reduced levels of EMFs, by the need to use mechanical deflection such as Faraday cages or aluminum screening, and by the fact that there are no officials who will address the electrosmog issue when we are clearly suffering from the effects. Furthermore, many doctors are not well acquainted with EHS because electrosmog is a new public health problem.

It is clear Smart Meters should be banned as a precautionary measure to protect human health. The fact that they have not been proven to be safe, makes them an insidious hazard to the most vulnerable among us- infants, children, the elderly and the immunosuppressed. This makes the prospect of 5G technology which represents an even higher level and intensity of EMFs, draconian. The proliferation of transmitters required by 5G technology represents an assault on the environment and health. All this radiation is a ticking time bomb of human suffering from cellular, DNA damage. We cannot afford this risk to human health and to the eco system at a time when we are faced with climate change. This issue should not be minimized as it is having serious deleterious effects already that are often not seen by the general public who have been hoodwinked into thinking this technology is simple and harmless. It is a travesty that the energy companies and telecommunications industry should have so much monopolistic power that they can over-rule the health concerns of citizens.

Sincerely,



Teresa Sanders, RN, Public Health Nurse

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