I am extremely sensitive to EMF/RF frequencies, and have been SEVERELY DISABLED by them in my past. I have a “canary in the coal mine” kind of sensitivity, which is a detriment when living in this modern age.

However, since I’ve learned how to mitigate this frequency problem for myself, I am now fine around EMFs/RFs. However, I’ve had to work at finding solutions. Mainstream medicine does not address this frequency problem.

Because I am a therapeutic bodywork and wellness coach, I’ve experienced how most people are devitalized by the EMF/RF pollution to some degree. Some people are severely impacted. And, I’ve seen how people do better physically, mentally and emotionally once these frequencies are mitigated.

Most people are not aware that smart meters and other EMF/RF sources are impacting them negatively. The frequencies are invisible, so most people can’t readily identify them, unless they have the education/information, body awareness, discernment skills, or frequency meters to do so.

TV SATELLITE DISHES
This was my worst EMF/RF experience.
My landlord got a TV satellite dish and it was a nightmare for me. The dish sat outside my bedroom window and made me anxious and unable to think. This escalated to becoming frantic and absolutely non-functional. I could not get away from the frequencies since they permeated every room in the condo except for my landlord’s bedroom and one hallway. I found it unbearable. Fortunately, I found a way to mitigate the frequency, so that I could live there.

SMART METERS
Smart meters create a toxic energy field in walls with electrical wiring. This field extends about 6 feet out from the wall. People sitting, standing or lying in this field experience diminished breathing and body contraction, however subtle. Thus, they are devitalized and stressed by this smart meter field.

Most people sleep with their heads in this 6 foot smart meter field. And many people sit within this 6 foot range for long periods of time on couches, in chairs and while doing computer work.

My sister had to move her bed about 6 feet away from the wall in order to sleep.
Otherwise she had insomnia. Once I mitigated the smart meter frequency, she could sleep with her bed against the wall with no problem.

One person I did care-giving for had been sleeping in this 6 foot, smart meter frequency field, for 7 years. She had Alzheimer’s. She also developed severe feet swelling. After I mitigated the smart meter frequency, the swelling in her feet completely left after about 6 weeks, and she finally get back into her shoes. She also slept a little better for awhile. Although she continued to declined from Alzheimer’s, her feet swelling did not come back.

Smart Meters in Apartments, Town Homes & Condos are harder to mitigate than single family homes:

When you live in a smart meter apartment, and your feet are on the floor, you are standing in the smart meter frequency field coming from the apartment below you. Their ceiling lights, and its wiring are negatively impacting you.

You also get other neighbors' smart meter frequencies from shared walls. Their wiring is in these shared walls, along with yours. If you sit or sleep near these shared walls, you are impacted by your neighbors' wiring, as well as your own.

You may be able to mitigate your own smart meter frequencies, but not your neighbors. Thus, you may still stand, sit or sleep in a smart meter field even if you have mitigated your own smart meter frequencies. With the 2 mitigation tools I had on hand, I still could not solve this complex frequency problem. So I finally did an invocation process to resolve it. And it worked. It was a spiritual solution.

There may be some frequency tools that can mitigate this multi-housing unit problem regarding smart meters and shared walls, but I am not aware of them.

Retail buildings
Costco has been especially devitalizing because of all the EMF/RF dynamics going on in this large building. With my EMF/RF protection, I am now comfortable in this building.

Electric Cars
One friend I know has an electric car. Her energy drops significantly when she drives. The battery really impacts her. I am not impacted while riding with her because I have my EMF/RF protection.

Cell Towers
They used to be very devitalizing for nearby people. However, their frequency has greatly improved. At least in my area (Denver suburbs). I'm wondering if this is because Trump put mitigation technology on these towers (CoFeFe?).

Power Lines
My energy used to drop when walking under power lines. I am fine now because I have my EMF/RF protection.

Blue Tooth - When I've measured the energy flow in people who use them, it is significantly decreased. The whole body is impacted, not just their head.

Cell Phones - They agitated me until I mitigated the negative frequencies.

Solutions to EMF/RF pollution:

I have used several, found on internet searches and from people giving me their solutions, which include:

Sacred Geometry patches
Frequency technologies
Prayer and invocation

The "scientific approach" to studying EMF/RF needs to be expanded…

Please include “alternative” health practitioners with unique knowledge and assessment tools.

Rockefeller’s reign over medicine in the early 1900s excluded natural medical practices and knowledge in favor of petroleum based drugs.

Thus, traditional, nature based medicine based on generations of observation, knowledge and practice were excluded. Intuition was discounted, as was homeopathy, nutrition and herbs. I am sure that acupuncture and Chinese medicine would have been discounted as well back then.

Even Rife, who cured cancer in the 1930s was persecuted by the medical establishment. He was “outside the box”. He used frequency to destroy the parasites that underlie cancers, instead of drugs. He was a threat to drug based profits.

In the alternative medical world, Kinesiology Testing, or muscle testing, is a wonderful discernment tool, when learned properly. It goes beyond microscopes, meters and chemicals. It asks the body itself what is going on; it accesses the “body’s wisdom”.

For example:

If a person’s body does NOT like something, breathing automatically diminishes and the body contracts (this is subtle, and not noticed by most people). Also, muscles weaken.

If their body LIKES something, breathing and body are expansive. And muscles are strong.

Thus, kinesiology testing, or muscle testing, can be used to discern what underlies a health issue by simply testing a muscle’s strength when asking YES/NO questions.

Example:
I watched a friend have 3 rounds of antibiotics for bronchitis with no results. An alternative practitioner finally muscle tested her and my friend’s body told them she was low in zinc. She took zinc and finally got well. The muscle tester knew what questions to ask, and my friend’s “body wisdom” gave the answer. Voilà! The solution was as simple as zinc, in this case.

Muscle testing is how I discerned that a smart meter field extends about 6 feet out from a wall with electrical wiring in it. And that resolving the smart meter problem in apartments is complicated by the smart meters in neighboring units and shared walls. And that electric car batteries devitalize the body, as do Blue Tooth devices, smart phones and other EMF/RF emitting technologies.

So please do not exclude the alternative medical practitioners and their practices in your EMF and RF studies. Their tools may not look “scientific”, but they are invaluable for getting information. In my case, because of my sensitivity, my kinesiology testing skills have probably kept me alive while navigating this toxic world.

For one, I can tell if a device that mitigates EMF/RF pollution actually does what it is advertised to do, by doing my own kinesiology testing. And, I use practitioners with the same kinesiology testing skill, but more knowledge, to help me when I don’t know what questions to ask regarding a problem.

Thank you for your consideration.

Sincerely,
Therapeutic Bodyworker and Wellness Coach