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MY HISTORY, OBSERVATIONS, AND EXPERIENCE WITH EMF RADIATION

I was born in Poland on January 6, 1949. When I was eight years old, we immigrated to Israel, where I spent my formative years. During my high school years, I spent time living, working, and studying on a farm. These were amazingly healthy, productive, and socially rich years. I learned farming and how to work on a farm. After high school graduation, I volunteered to be a special forces paratrooper in the IDF. After completing my army service, I studied architecture, and I have practiced it to this day. I immigrated to the US in 1980, and I am a registered architect in the State of California.

In 1969 and 1970, in the IDF, we used radar equipment operating at radio frequencies using the Doppler effect to detect movement. This was in the attrition war with Egypt. The directive was not to stand in front of the machine when it was turned on, but only behind the shield when operating it.

Based on my experience in the IDF, I have never allowed Wi-Fi in my home, and all have been hard-wired. In 2002, I purchased my first mobile flip phone, but paradoxically, at the beginning, I was not concerned with the radiation, as I was careful with Wi-Fi. For a few years, I used it close to my head and paid the price. In November 2022, I removed the third tooth because of a deep root infection, all on the right side where I used to hold the phone close to my face. I had not had a need and had never purchased a smartphone. I keep my old flip phone, but now 99.9% of the time, the battery is removed, and the phone is used for short calls for emergencies and on the road. In my home and office, everything is hard-wired; no equipment omits Wi-Fi, and the internet and voice are on a landline.

Not long after purchasing the first mobile, I started having a problem with normal urination. It took me several years to figure out the connection. Currently, when I am in an area with EMF radiation, I have difficulty fully emptying my bladder. I need to go to the bathroom more frequently.

There was difficulty with smart meters, and I opted out. When I was exposed to Wi-Fi, I moved away, and I considered all these the same as the need to keep my fingers away from the flame. I had some electromagnetic sensitivity, but it was minor and I did not give it much thought to it.

Hell broke loose in 2015. I was hired as a senior architect in a company in Mill Valley, CA. Architectural companies were late to use Wi-Fi, and I was not aware that it could be a problem. In the first and second weeks of my new job, all went well, but in the third, I started having bizarre feelings. It was hard to think and solve problems; I was forgetting people's names, and there were sensations in my skin like being electrocuted with low voltage. In the beginning, I thought that there was something wrong with me and I was becoming sick. I took work home and was able to be productive and feel good, and this triggered my suspicion. I directed my attention to the building as possibly being polluted. There were no smart meters in the old building, and the neighboring buildings were far enough. All the desktops in the office were hard-wired. In the conference room, fifteen feet from my desk, there was an antenna connected to a WiFi router. The antenna sent a signal to the office extension across the street. The WiFi router and the antenna were the only sources of EMF, and all the desktops and printers were hardwired. At 6:00 p.m., after everyone left for the day, I unplugged the power cord of the WiFi router and antenna. It took me ten

minutes to recuperate, and I felt better and worked better. The next day, I told my boss about my WiFi experience, and his reply was, “WiFi is safe, and you should not have problems with it. We had a client, a medical doctor, and he networked his whole new house with WiFi, and I assume the doctor knew what he was doing. I will consult with our IT technician. If the WiFi bothers you, you cannot be here. In a few days, we are going to move the office extension and remove the antenna,” I replied. “Possibly the medical doctor-client made a mistake. IT technician cannot be a source of medical advice. I will be able to wait for the changes”. In the following week, the antenna was removed, but the WiFi router stayed plugged. I unplugged the WiFi router and received an angry response that the router needed to be plugged in case someone needed to use it. My suggestion to plug it in only when there was a need fell on deaf ears, and I felt like talking to electro-junkies. I asked to file a Worker’s Comp claim, and after filling up the form and submitting I was fired. Later, I consulted an attorney, and I was told that Workers’ Comp does not recognize injury from WiFi as a valid claim.

I had worked for the architectural company for three months, and this prolonged WiFi exposure made me much more reactive to the electromagnetic field. Since then, I have been limited in where I can go and stay. I noticed that as I strictly avoid EMF and sometimes get exposed for short durations, my sensitivity was reduced, but not removed. My electromagnetic sensitivity was treated with NAET, and it was reduced but not resolved. All people are poisoned by EMF, and electromagnetically sensitive people have an advantage; they know when exposure happens and can remove themselves from the danger, if possible.

Symptoms and difficulties

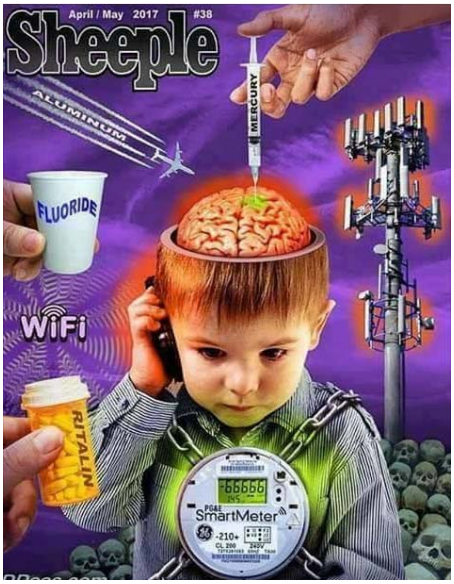
1. When I am exposed to EMF, during and the next day, I have difficulty emptying my bladder and need to go more frequently to the bathroom.
2. When a mobile phone is in the house, whether it is turned on or off, I cannot sleep at night.
3. When there is WiFi in the house, I cannot sleep at night.
4. I cannot check into a hotel because of the WiFi and mobile phones in the building.
5. A microwave oven, when turned on, causes me a headache. I avoid microwave ovens and do not have one at home. In general, I don't get headaches.
6. When I drive on the highway and pass close to some communication antennas, I get a headache, and when I drive away, the headache stops. In general, I don't get headaches.
7. My cognitive functions are compromised when I am exposed to WiFi for a long time, 6 hours or more. After removing myself from the WiFi area, my cognitive function improves.
8. Exposure to WiFi for 3 hours or more causes me to feel skin discomfort. It feels like I am electrocuted with low voltage all over my skin.
9. When I am exposed to WiFi or a mobile phone, I become sexually dysfunctional, with no erection.
10. I use a bed canopy that was purchased from lesemf.com, and without it, I cannot sleep. Although my house is far enough from my neighbors, the low EMF signals that reach my home disrupt my sleep if the bed canopy is not used.

Thou shalt not bear false witness against thy neighbor, Exodus 20, 13.
The Telecom industry publishes false statements, data, and falsified research claiming that WiFi and wireless are safe. This contradicts independent scientists who prove and claim that the radiation in its current use and settings is dangerous to all life forms. Here are a few of the many who tell us the truth about the dangers: Dr. Sharon Goldberg, Dr. George Carlo, Dr. Dietrich Klinghardt, Dr. Devra Davis, and Dr. Martin Pall.

The scientific fraud is larger than tobacco smoking products, lead in paint, mercury in dentistry, fluoride in drinking water, pesticides in agriculture, fossil fuels, asbestos, and GMOs combined.

The corrupt and reckless AT&T pushed the destruction and dismantling of the reliable copper telephone lines. The copper telephone line is my lifeline. I was medically diagnosed, and it was documented that I suffer from Electromagnetic Hypersensitivity (EHS). With the installation of the more toxic 4G, 5G, and 6G antennas, the problem will worsen, and there will be more electromagnetically sensitive people. I am a self-employed architect, officially retired, but I continue practicing architecture and working at home. If a toxic antenna is installed on my street, I will not be able to live and work in my home and will become homeless, and this has already happened to many.

Artificial EMF is a toxin to all living organisms and should be avoided to the extent possible.



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