Comments to FCC on Notice of Inquiry, ET Docket No. 13-84 by Desiree Jaworski

Dear FCC Board Members,

I would like to tell you how wireless has impacted me. Three years ago I was barely able to sleep at night. I would go to bed at 11:00pm and not fall asleep until 4:00am every night. I had to awaken at 7:00am so I was becoming extremely tired and unable to function as I should through the days because I was so tired but I could not sleep. I went to the Doctor and asked for and received medicine to help me sleep. I am a person who needs a minimum of seven hours sleep and functioning on three hours was very difficult. I mentioned my sleeping problem to a friend. She told me she had experienced the same problem but had discovered it was from the wireless devices and once she turned them off she could sleep.

I realized that I had a wireless router installed six months earlier and it was next to the bedroom. I also had a DECT portable phone that was under the bedroom. I was able to borrow a radio frequency radiation meter and I saw that my radio frequency radiation readings were very strong. I eliminated both of these devices and went to a corded phone and a cabled computer and was able to sleep again without any medicine. Since then I have found other people have this same problem and once they remove these wireless devices or turn them off a few hours before and keep them off while they sleep they are able to sleep through the night.

One other problem I had found with the wireless router, when I was using it, is that I had it next to my computer monitor and I would feel like I was a little woozy or experiencing “brain fog” when I was done using my computer. Once I eliminated this wireless router that feeling no longer occurred.

Another interesting fact is my parrot that I’ve had for 21 years, always came out of her cage for me and then suddenly refused to come out for years for no apparent reason. Once I got rid of my DECT telephone she started once more coming out of her cage. I now realize that she stopped coming out of the cage after I bought and started using the DECT telephone which was located near her cage. I have to assume that she was disturbed by the radio frequency radiation waves that were being emitted by that telephone. I wonder if other birds are aware of this radiation frequency and are being affected by it.

There is no doubt that the wireless devices are emitting radiation that I am sensitive to and I know of others who are sensitive to it too. It is critical that the strength of the radiation that the wireless devices and cell towers emit is reviewed, tested for biological impact, and at a minimum lowered.

Sincerely,

Desiree Jaworski

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