Comments to FCC on Notice of Inquiry, ET Docket No. 13-84

This letter has been hard thought for me. There are so many matters I wish to bring to your attention, that where to start is an issue. Let me begin by introducing myself. My name is Michelle Miller, a 37 year old female living in Northeast Ohio. Until recently I have lived an active very happy life. I love hobbies like karate, running, working out, laughing, jokes, and spending quality time with my family and friends. For over 18 years I have worked with great people in local Government and truly love what I do for a living. The rest of this letter I will explain how and why my whole world has been thrown upside down.

Less than a year ago I got my first 4 G "smart phone". I was so excited. I had the whole world at a touch of a button. I never went anywhere without it. We were inseparable. I would probably go to work without my pants before I did without my phone. I noticed that if I used it for awhile, my hand would tingle and go numb. I just thought it was maybe the way I held the device… I changed hand positions….but all had the same outcome….numb tingling hands. Sometimes while talking on it I would even get a sharp stabbing pain like a brain cramp in my skull. I kept my phone in the bedroom and suddenly I had trouble sleeping. When I would finally fall asleep from total exhaustion I had terrible dreams. I also started suffering from anxiety attacks. I would feel as though my heart was beating and thumping out of my chest and my lungs failed to gain to air. My life was beyond happy… a matter of fact the happiest I have ever been. So why the anxiety?

"To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear." ~ ***Buddha***

I tried to move on with my life, though I started to struggle as I found myself exhausted, depressed for no reason, anxiety constantly haunting me, and a mind that never shut down. I was in my thirties and for the first time was showing signs of ADHD. Single tasks became difficult because my mind failed to stay idle long enough for me to complete or comprehend before it was off in another direction. Things took longer and I was making mistakes that I never had before. I was forgetting so many things and I was known for having a memory of an elephant, now it was more like a pea. Running and working out was now just too hard. I was too exhausted. I overall just had an overwhelming feeling of being "unwell". And my worse loss…I lost my ability to love life and LAUGH. It took all I had to just survive and fake a smile.

"A wise man should consider that health is the greatest of human blessings, and learn how by his own thought to derive benefit from his illnesses." ~ ***Hippocrates***

A mutual friend of my fiancé mentioned he had been doing research on RF exposure. After a little research of my own, I removed my wireless WIFI router (hard wired my computer to the internet), removed cordless phones, and barely use my cell phone and kept it out of my bedroom at night. Unfortunately, I have no power to control the unconstitutional radiation that is spewing out from the smart meter on our water & gas meters! At this point, I am going to be honest…. I was still very skeptical. My fiancé also suffers from crippling headaches after being struck in the head by over 200,000 volts of static electricity years back. I figured it would be a double bonus if it helped him too. It was as though lightening struck me as the realization hit me with such force. I was sleeping at night, my mind and memory seemed much better, and the anxiety, heart arrhythmias, and depression were finally lifting. Though at work I did feel a little less improved due to the WIFI and RF exposure, but overall was feeling better. At least I was sleeping at night, and my body and mind felt "relaxed" when I was at home which seemed to assist my body with dealing with the exposure at work. And the double bonus, my fiancé was finally getting some relief from his headaches.

"None are more hopelessly enslaved than those who falsely believe they are free." ~ ***Johann Wolfgang von Goethe***

Then my world crashed. I came into work one day and my head started to split. The pain radiated down into my jaw, across my face and into my ears with unexplained dizzy spells .I could feel my heart was beating all over the place. I could not even concentrate. Co-workers began to notice that something was defiantly wrong with me. My headache would become so severe I would become light sensitive and my eyes blood shot. The job I loved so much became my private hell. Something in this place was killing me. I would notice that when I would get home my symptoms would improve. What had changed here? Thinking it was maybe allergies (though I have never suffered from allergies) from the AC ducts I made an appointment for a complete physical with my doctor the following week. The pain grew more severe with passing days and I became very aware it was not displaying symptoms of allergies. Why would I feel so much better when I left this place? I noticed that certain parts of the building would affect me so badly I had to avoid them because I would become so dizzy and the pain would stab my head like a sharp knife. I started to ask questions. I asked my Department Director and she asked our Maintenance Supervisor, neither of which knew what had changed. After

asking our Tech Department, I was told that our Cell Tower (that is literally almost connected to our building) had been upgraded (they increased the number of frequencies). My pain correlated almost **exactly** when work had finished on our tower. The parts of the building I was forced to avoid were the parts CLOSEST to the tower.

"It is horrifying that we have to fight our own government to save the environment." ~ ***Ansel Adams***

I am an educated, level headed human being. I more aware of my body than any other doctor or scientist can tell me otherwise. I do not need years of schooling or some degree to tell me that something is wrong. I will not have a bias study funded by 'Big Telecom' try to brain wash me to believe that RF exposure does not cause health issues. I am walking living proof that it CAN AND DOES. These health issues did not manifest for no reason. They have turned my life into a **living hell**. The fact that even after the many studies, experts, and scientists have thrown warning flags should be ENOUGH to recognize the **danger of this issue**.

"Our lives begin to end the day we become silent about things that matter". ~ ***Dr. Martin Luther King Jr.***

What is so bothersome is that there are hundreds of credible unbiased scientific studies indicating all kinds of health issues from Electromagnetic exposure. Leaking of cells, ADHD, thyroid and gland issues (resulting in our current obesity epidemic), early dementia, infertility, cancer, auto-immune deficiencies, sleep disturbances, memory loss, heart arrhythmias, hearing and eye issues to just name a **few**. If you want to add a few secondary health issues from the obesity, you can add high blood pressure, diabetes, increased rate of heart attack and stroke. I am appalled that somehow because some bias studies have found RF/EMF exposure not "unsafe" somehow cancels out the many studies that have found the hazards. That is like someone on death row apologizing for murder and because of the apology it cancels out the crime. That is backwards logic.

"Those who have the privilege to know, have the duty to act." ~ ***Albert Einstein***

I am a proud American, and I believe in our Government. But for the first time I am actually ashamed of our great nation. We have allowed self centered narcissistic money grubbing greedy people to ruin the life of others. It is all about the money, who cares about the true price to the ignorant masses, right? The Telecommunication Industry keeps making "blood" money hand over fist while taking away others right to live a HEALTHY life. Yes, changes and provisions may increase cost to the Telecommunications Industry, but look at the price ALL of us are paying…with our lives (though most are unaware of the source of their problems…as of yet!). Not to mention the cost to the budget for health problems that are being caused by RF exposure (i.e. autism, obesity, anxiety disorders, adult and child ADHD…etc).

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." ~ ***Margaret Mead***

I am aware there is a person on this Docket that is a harassing bully and attempts to discredit other posts from Doctors, Scientists, Professors and Experts in this field that have posted on this Docket. Harassing and belittling people and trying to discredit their level of expertise or worse belittling others who have posted their health problems from RF Exposure. It is nauseating how the table is trying to be flipped, flopped and turned to hide the truth that after many years of silence has began to speak. Truth wins, it always does.

"The truth is incontrovertible. Malice may attack it, ignorance may deride it, but in the end, there it is." ~ ***Winston Churchill***

People have suffered in silence and ignorance too long. To say that only a "few" have effects from RF exposure is fictitious. Many if not ALL suffer everyday but have no idea what is the true root of their health issues….because of the BELIEF that our GOVERNMENT would not permit utilization of something that was not proven to be **100% safe**.

"When you know a thing, to hold that you know it, and when you do not know a thing, to allow that you do not know it - this is knowledge." ~ ***Confucius***

Many have no knowledge of the signing of The Telecommunications Act of 1996 which prohibits the removal of a cell tower due to human health hazard, or (WHO) 2011 classified radio frequency electromagnetic fields as a possible human carcinogen (**Class 2b carcinogen**) in May 2011. A few years earlier they classified extremely low frequency electromagnetic fields as a **Class 2b carcinogen** based on childhood leukemia studies with elevated exposure to residential magnetic fields. The "elevated" exposure in this case was at 3 to 4 mG. The international guideline for low frequency magnetic fields allows 24-hour exposure to 1000 mG! Or even that theBioInitiative 2012 Report that was prepared by 29 authors from ten countries, ten holding medical degrees (MDs), 21 PhDs, and three MsC, MA or MPHs. Among the authors are three former presidents of the Bioelectromagnetics Society, and five full members of BEMS. One distinguished author is the Chair of the Russian National Committee on Non-Ionizing Radiation. Another is a Senior Advisor to the European Environmental Agency. Full titles and affiliations of authors are in Section 25 – List of Participants. The 2012 version of the BioInitiative Report reviews thousands of such documents (over 1500 page report) indicating DNA damage, altered calcium flux, increased permeability of the blood-brain barrier and host of physiological changes that include decrease in antioxidants, decrease in hormones and neurotransmitters, effects on sperm, etc.

Our scientific power has outrun our spiritual power. We have guided missiles and misguided men.
~ ***Martin Luther King, Jr.***

As old glory hangs tattered and blood stained from our ancestors before us, I beg this great nation to take care of what matters. ALL AMERICANS, it is our constitutional birth given right. We ALL deserve to live happy and healthy lives. Because of those who have ignorance regarding this matter should not give the Government a free pass allowing all of society to be radiated and their quality of life taken away.
"For in reason, all government without the consent of the governed is the very definition of slavery ".
~ *Jonathan Swift*

Every day is a struggle me. Some days more than others. The job I love so much has become a private hell for me. I shroud myself in very costly (at my own expense) protective shielding clothing for whatever little relief it offers me while I work. My once flawless skin on my face is now flawed by a burning rash that appears every day when I report to work. The headaches and jaw pain are now a chronic issue any time I am exposed to RF, and now I have a screeching in my ears when around the cell tower at work. I am sadly aware that the job I love so much is taking so very much away from me now. All because of a tower that spews its carcinogenic waves on unsuspecting victims. And the FCC has made it very difficult for the local government to protect its' people. It is TIME… time for change before it is too late!

"It was once said that the moral test of government is how that government treats those who are in the dawn of life, the children; those who are in the twilight of life, the elderly; and those who are in the shadows of life, the sick, the needy and the handicapped." ~ ***Hubert H. Humphrey***

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