October 13, 2026

15 years ago on 10/13/2009, I wrote the following:

Today is Tuesday, October 13, 2009. It is 12N and I am sitting in the parking lot on the south-east corner of Ashlan and West Avenues in Fresno, CA. Approximately four blocks from my home, the only enjoyment I am having being stuck here due to a dead car battery, is getting to watch the first rain of the fall season. Due to a recurring depletion of my brain's acetylcholinerase neural transmitter activity level, I have intervertantly allowed my car's battery to become depleted while listening to Rush Limbaugh on the radio. Now my Blackberry cellphone just died. The only thing I seem to have an over-abundance of is "acid reflex!" Had I only had the mental capacity to remember to take my acid reflex medication! Waking up late again due to hypersomnolence brought on by the never-ending environmental crimes, it was all I could do to drive my son Derek to school. Stopping at McDonald's drive-through for coffee to help my mental fog, I became so distracted by Rush Limbaugh's topic of discussion, I parked my car and turned off the engine to listen to him instead of listening while I drove home! As I watch the rain, I began to think about how long the "anesthetized" sleep had been occurring. Thinking about the many times I would be subjected to toxic chemical exposure upon my prison grounds workplace at Valley State Prison for Woman (VSPW) in Chowchilla, CA, I would sleep many times up to three days. I also remember the same thing occurring when I worked at Madera Community Hospital's Medical Guard Unit in 1998. However, there was no pesticide exposure occurring on hospital grounds. The mental slowing due to neurological impairment was like being in slow motion. The day I was called at the Medical Guard Unit by my son's teacher at John Adams Elementary school and told he was missing, I unexplainably had a temporal lobe seizure. Upon arriving at my son's school, I learned that my son's whereabouts was known the entire time. Another targeted Correctional Officer told me the same thing was carried out against him by his son's school. I realize, more and more, how often I have been awakening to a loud ringing in my ears, severe muscle spasms and an extremely dry congested nose, many times, accompanied with a headache and nausea.