TARGETED.ARMY / COMMUNITY REPORTS

# MICROWAVE EFFECTS ON THE HUMAN BODY

Reported experiences associated with directed energy and microwave exposure.

REPORTED EXPERIENCES • NOT A MEDICAL DIAGNOSIS • CAUSES ARE NOT ESTABLISHED

### DREAM / WAKING IMAGERY
Disturbing dreams, unusual waking imagery, or sleep-related experiences.

### RINGING / TINNITUS
Ringing, tones, or other persistent auditory sensations.

### EYELID / FACIAL TWITCHING
Sudden eyelid twitching or facial tension.

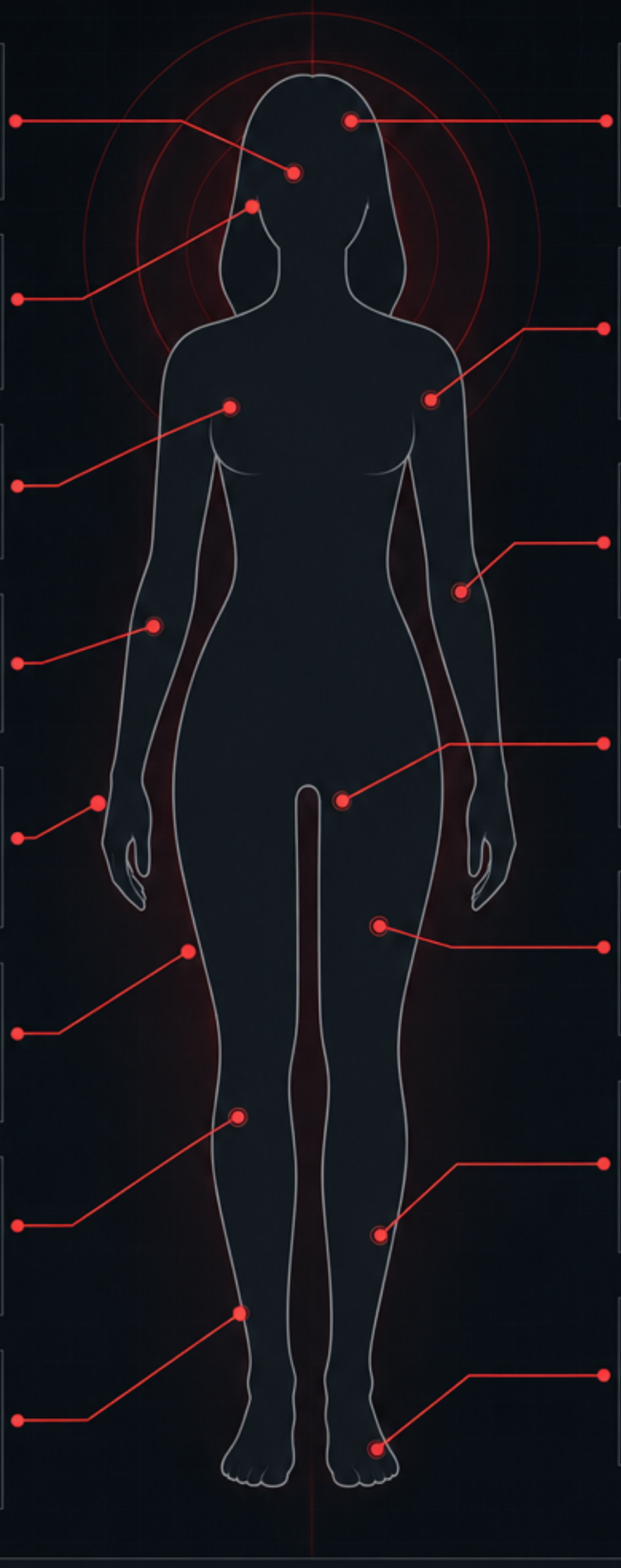
### BREATHING / SPEECH
Airway sensations, interrupted speech, or jaw tension.

### HEART / CHEST SENSATIONS
Racing heartbeat or chest sensations without an obvious trigger.

### HAND / ARM CONTROL
Unexpected hand or arm movement during precise tasks.

### LIMB / BODY MOVEMENT
Involuntary movement, flailing, or brief periods of body stiffness.

### GENERAL PAIN
Generalized pain or deep, sharp, needle-like sensations.



### SLEEP DISRUPTION
Difficulty sleeping, sudden waking, or abrupt daytime sleepiness.

### MUSCLE SHAKING
Trembling, spasms, or a sensation of muscles shaking.

### HEAT / BURNING SENSATIONS
Sudden overheating, burning, or shock-like sensations.

### ITCHING / SKIN SENSATIONS
Sudden itching, including sensations in difficult-to-reach areas.

### GENITAL DISCOMFORT
Itching, pain, or other unwanted genital sensations.

### FATIGUE / SUDDEN WEAKNESS
Sudden fatigue, weakness, or a feeling of being unable to continue.

### MEMORY / THOUGHT STRAIN
Memory gaps, intrusive thoughts, or difficulty concentrating.

### IMPORTANT NOTICE

This graphic reflects reports from individuals within the targeted community. It is for informational and awareness purposes only. It does not diagnose any condition or establish a cause. The listed experiences can have multiple explanations.

For the community: document time, location, duration, and observable details of any experience. Preserve that record accurately.

SOURCE BASIS: COMMUNITY REPORTS AND SUPPLIED ARCHIVAL MATERIAL • TARGETED.ARMY