I currently suffer from EHS, that is Electromagnetic Hypersensitivity Syndrome a condition in which people are highly sensitive to electromagnetic fields. I became aware of this condition over 10 years ago when I became bed ridden with a mysterious weakness. After 2 weeks of lying in bed and declining to the point that I could no longer care for myself, I was taken to the ER of the local hospital. There, after considerable testing ranging from a brain scan to blood and urine tests it was determined that my sodium level was one point above requiring hospitalization.

I had been suffering from a range of maladies for months prior to this episode including but not limited to, constant headaches, one in the front of my head and the other in the back of my head, inability to digest food with the accompanying digestive upsets, loss of appetite, chronic food allergy development, loss of weight and muscle tone, extremely high cholesterol, heart palpitations, rashes and depression.

I had tried to find an MD who could address the issues I was experiencing, but was unable to locate anyone who could help me determine the cause of this strange and insidious condition. I had always been a heathy individual with a good immune system and short recuperative requirements for common bouts of ill health. **This condition was totally outside my previous experiences.**

It was arranged for me fly to southern California to visit a specialized doctor. At the medical facility a hair sample was taken and sent through a computer to a special lab in Germany where it was analyzed. I was told I had no betaine and I was not digesting food because the digestive system was shut down, my body was basically starving. I had heavy metal toxicity, **sensitivity to electromagnetic devices**, several nutrient deficiencies and food allergies, parasites and candida. I had lost a large amount of muscle and weight, my hair was falling out, I was exhausted and had 2 chronic headaches (front and back) My bones had begun to ache and my limbs had begun to shake. The doctor put me on special food supplements and enzymes and started a program of treatments to kill off the parasites and candida. I slowly began to improve. After nearly 2 weeks, I returned home to recuperate.

But there were still issues that had not been addressed. I was not able to enter my home. I would get sick every time I returned to my house. I was unable to stay there for more than a few minutes before my arms and legs would start to shake and I would be trembling internally. The headaches would become intense when I returned to the house. But the symptoms would be relieved or stop when I left the house. So, I was forced to leave my home and live elsewhere. When I tried to return to work to an office where I had been employed for over 10 years, I had a similar experience. I became weak immediately and I became strangely sick during my 3rd day back. I became disabled. I began to shake all over and loss the use of my arms. I was unable to think or function. It was a terrifying experience. I explained to my employer what had happened and that I feared that I would lose my ability to draw if I continued working in the office. I felt completely lost. Because all other options had been exhausted I asked if I could investigate the electromagnetic condition of the office. My employer gave me permission to test the building as a last resort to see if I could determine if that could be the cause of my illness.

I asked an individual who is very knowledgeable about electric and magnetic fields to evaluate the building for anything unusual that could be causing my illness. The initial test appeared normal for an environment where computers and electric equipment are used. But within a few minutes the test equipment responded in a completely unnatural manner and began measuring a high electric field that

went all the way through the building from the curb in front of the sidewalk into and beyond the alley behind the building. The individual doing the testing said that he had never seen anything like it, he said that it was like an electrical storm. All my symptoms returned immediately the moment the instruments began responding to the field. Without the instruments the event would have been invisible except for my symptoms.

It was determined that the office, located across the street from a cell phone tower and equipped with WIFI, had the electrical wires and meter entering the building outside my desk and window. There had been solar panels added on the roof of the building next door a few feet away from my window a few months earlier. The equipment necessary to change the DC current to AC current was located on the outside wall opposite my desk and window. This equipment when improperly filtered generates large fields of dirty electricity. When the sun would come out the solar panels would activate and generate dirty electricity. Somehow this energy would flow into the electrical field of our building combining to create a kind of electrical storm.

After the experience with the electric fields at the office, I realized that the issue with my home could be related somehow to the electrical energy as well. I located and hired a Certified Biological Environmental Building Inspector to inspect my home. He was able to determine and document the conditions there. A few years earlier the electrical meter at my home had been replaced with an early experimental version of the smart meter. It was transmitting a signal every 4 seconds 24/7 and sending that signal throughout the electrical system of the house, into every room through the electric light switches and plugs. The signal was powerful enough to be broadcasting beyond the house in a circle large enough that it extended beyond my neighbors' homes as well. He also determined that there was excess dirty electricity from the power pole at the house, (the pole was located on the end of the neighborhood power line and as a result generated excess dirty electricity). That dirty electricity was being carried with the electricity into the house and being transmitted with that signal. Additionally, he found that there was a high-powered microwave tower across the valley whose transmission was reaching the home and that the electric meter dysfunction was combining with the microwave as well and sending the microwave frequency coming from that tower throughout the electrical system of the house. It too was radiating into the rooms and like a sending station reaching beyond the homes of my neighbors every 4 seconds 24/7. **We were basically being microwaved in our own home. It was devastating information.**

I was at the mercy of Pacific Power. I begged to have an analogue meter installed to eliminate the transmission issues and the problem they had caused with their transmitting RF meter. They refused and told me those meters were obsolete. That was not the case in California only here in Oregon. I contacted the Public Utility Commission and they directed me to an individual at Pacific Power who they said would help me, but the non-transmitting radio frequency meter was the closest to the analogue meter that they would allow to be installed to correct the problem. It was eventually installed.

I opted out immediately from the smart meter program here in Oregon. That was in 2016, I now understand the issues that can develop with invisible electrical frequencies. **The impacts of which can be devastating to the health, safety and welfare of the public.** Throughout this ordeal I discovered that I am not alone in the suffering I have endured. There is a vast number of people who share with me these and other related health issues as a result of the proliferation of electrical and WIFI technologies.

These types of health problems are not covered by insurance companies or even acknowledged by the mainstream medical. It is a financially and emotionally devastating experience which has been created through the distribution and implementation of technologies which are not thoroughly tested and whose health impacts are not understood. These policies have resulted in individuals like myself who have been disabled through no fault of their own. It has resulted in untold expenses, and the challenge of learning how to survive in this hostile environment, no longer being employable in an office, no longer being able to travel or stay in motels or go to shopping centers or restaurants for more than a short period of time and surviving by the grace of God.

When Pacific Power began installing the new Smart Meters throughout my neighborhood, I again became chronically ill and fighting to survive. There was only one small area of the house where I could sleep without becoming ill, **on the floor under my drawing board.** The pulses coming from neighbors' houses were in random pulsing flurries. The pulse itself has the most disruptive influence on biological systems. Although I can read them on my meter, I was unable to determine a sending pattern or a method to shield my house. I wonder how any of you reading this letter would feel if one of your loved ones had been required to sleep on the floor, instead of in a normal bed where they were able to sleep safely in the past. At the time I had to cover my head and body in protective clothing while in my home just to survive. Today we have a fabric faraday cage shielding which allows a safe sleeping zone.

I Respectfully request that you educate the public and medical practitioners on the issues we face and implement policies which protect the Health, Safely and Welfare of the Public you represent. Thank you for providing individuals and families with an opportunity to be heard