Damage to our Personal Health: Eyes

“New findings confirm earlier concerns that "exposure to an intense and powerful [LED] light is 'photo-toxic' and can lead to irreversible loss of retinal cells and diminished sharpness of vision," the French Agency for Food, Environmental and Occupational Health & Safety (ANSES) warned in a statement.
Interfering with the body's circadian rhythm is also known to aggravate metabolic disorders such a diabetes, as well as cardiovascular disease and some forms of cancer, noted Dina Attia, a researcher and project manager at ANSES.
In addition, a stroboscopic affect in some LED lights—provoked by tiny fluctuations in electric current—can induce "headaches, visual fatigue and a higher risk of accidents," the report said.”
- LED light can damage eyes, health authority warns (2019, May 15) retrieved 9 April 2026 from https://medicalxpress.com/news/2019-05-eyes-health-authority.html

https://inside.lighting/news/25-01/renewed-debate-streetlight-color-and-health-implications